

Council Report

Health Select Commission – Thursday 27th October 2016

Title

Response to Scrutiny Review: Child and Adolescent Mental Health Services – monitoring of progress

Is this a Key Decision and has it been included on the Forward Plan?

This is not a key decision

Strategic Director Approving Submission of the Report

Ian Thomas, Strategic Director, Children & Young People's Services

Report Author(s)

Linda Harper, Interim Assistant Director of Children and Young People's Services

Paul Theaker, Operational Commissioner, Children & Young People's Services

Ward(s) Affected

All wards

Executive Summary

The Overview and Scrutiny Management Board at its meeting in December 2015 noted the main findings and recommendations of the scrutiny review of Rotherham, Doncaster and South Humber NHS Trust Child and Adolescent Mental Health Services and the response to these recommendations from the Council and partner agencies. It was agreed at the meeting, that the response to the Scrutiny Review be delegated to the Health Select Commission for the ongoing monitoring of progress.

The Health Select Commission considered progress against the response to the Scrutiny Review at its meeting in April 2016 and requested that a further update against progress be given at its meeting in October 2016.

This report outlines current progress against the response template, which is attached as Appendix 1.

Recommendations

- That the monitoring of progress against the responses to the Scrutiny review of Child and Adolescent Mental Health Services be noted and discussed.

List of Appendices Included

Appendix 1 – Response template to the Scrutiny review – progress monitoring

Background Papers

Scrutiny Review report and appendices.

Future in Mind: Promoting, Protecting and Improving our Children & Young's Mental Health and Wellbeing – NHS England 2015.

Consideration by any other Council Committee, Scrutiny or Advisory Panel

The Overview and Scrutiny Management Board at its meeting on 11th December 2015 delegated the ongoing monitoring of the Scrutiny Review to the Health Select Commission.

Council Approval Required

No

Exempt from the Press and Public

No

Title: Response to Scrutiny review: Child and Adolescent Mental Health Services – monitoring of progress

1. Recommendations

- 1.1 That the monitoring of progress against the responses to the Scrutiny review of Child and Adolescent Mental Health Services be noted and discussed.

2. Background

- 2.1 At its meeting in April 2014, the Health Select Commission (HSC) decided to focus its work around the theme of mental health and wellbeing during 2014-15. It was agreed in July 2014 that a review of Rotherham, Doncaster and South Humber NHS Trust (RDaSH) Child and Adolescent Mental Health Services (CAMHS) be included in the work programme, following local concerns and a report from Healthwatch.
- 2.2 The key focus of Members' attention was to identify any issues or barriers which impact on children and young people in Rotherham accessing timely and appropriate RDaSH CAMHS services at Tiers 2 and 3.
- 2.3 A full scrutiny review was carried out by a sub-group of the Health Select Commission and the Improving Lives Select Commission. Evidence gathering began in September 2014, concluding in March 2015. This comprised presentations, round table discussion and written evidence from health partners, RMBC officers, Rotherham Youth Cabinet and desktop research.
- 2.4 The Scrutiny review formulated 12 recommendations and the Council and its partners developed a response to those recommendations. The response was presented to the Overview and Scrutiny Management Board on 11th December 2015, where it was agreed that the response to the Scrutiny Review be delegated to the Health Select Commission for the ongoing monitoring of progress.
- 2.5 The Health Select Commission considered the progress made against the response to the scrutiny review at its meeting in April 2016 and requested that a further update against progress be given at its meeting in October 2016.

3. Key Issues

- 3.1 The NHS England Future in Mind Report was published in May 2015 and sets out a clear national ambition to transform the design and delivery of a local offer of services for children and young people with mental health needs.
- 3.2 The Rotherham CAMHS Transformation Plan was developed in response to the Future in Mind report and encompasses all local Emotional Wellbeing & Mental Health transformational developments. The response

to the Scrutiny review was therefore aligned to the local CAMHS Transformation Plan and the response to the Scrutiny review is monitored through the CAMHS Partnership Group as part of the overall plan. The Rotherham CAMHS Transformation Plan is currently being refreshed and will be published at the end of October 2016.

- 3.3 RDASH has undertaken a whole CAMHS service reconfiguration, which was originally due to be completed by December 2015. The reconfiguration included the establishment of clear treatment pathways, a Single Point of Access (SPA) and locality workers linked with locality based Early Help and Social Care teams as well as schools and GPs. The reconfiguration took longer than anticipated, due to the requirement for extensive staff consultation and recruitment to a whole new structure.
- 3.4 The RDASH CAMHS service reconfiguration was completed at the end of June 2016, however, a small number of posts were not recruited to until after that date, due to a difficulty in recruiting appropriate staff to those posts. This has had an impact on the delivery of a number of the actions within the response to the Scrutiny review and these are detailed within Appendix 1.

4. Options considered and recommended proposal

- 4.1 The Scrutiny review formulated 12 recommendations, which were as follows:
 - 4.1.1 Once the national refresh of prevalence rates of mental disorder is published, RMBC and RCCG should review the local *Analysis of Need: Emotional Wellbeing & Mental Health for Children & Young People* and the mental health services commissioned and provided in Rotherham across Tiers 1-3.
 - 4.1.2 Through the CAMHS Strategy & Partnership Group service commissioners and providers should work towards improved and standardised data collection and information sharing on their service users and patients:
 - to help maintain a detailed local data profile of C&YP's mental health over time
 - to strengthen the C&YP's section of the Joint Strategic Needs Assessment
 - to inform the development of local outcome measures for C&YP individually and with regard to reducing health inequalities in Rotherham.
 - 4.1.3 RDaSH training and awareness raising with partner agencies and schools should include a focus on improving the quality of information provided in referrals to RDaSH CAMHS Duty Team to reduce delays in making an assessment.
 - 4.1.4 In its leadership role with schools, RMBC should ensure schools link in with partner agencies to discharge their wider duties and

responsibilities towards C&YP's emotional wellbeing and mental health.

- 4.1.5 CAMHS Strategy & Partnership Group is asked to consider if there is a need to develop a protocol for transition/step up/step down between providers in Tier 3 and providers in Tier 2 to supplement the planned pathways and protocols.
- 4.1.6 Following the work to build links between RDaSH CAMHS and GPs locality work should now be rolled out by RDaSH into schools, youth centres and other community settings as a priority.
- 4.1.7 *"Investigate the options to provide more robust services at an early stage, both in lower tiers and at an early age, to ensure that patients are prevented from moving into higher (and more expensive) tiers."*

Prevention and early intervention is a clear commitment in plans at strategic level so the CAMHS Strategy & Partnership Group should clarify how this will be delivered through clear resources and outcome focused actions that are closely monitored.

- 4.1.8 The target waiting time from referral for routine assessments by RDaSH CAMHS should remain at three weeks for 2015-16 and then be reviewed in the light of the impact of the recent positive changes introduced by the service and the delivery of the EWS.
 - 4.1.9 RDaSH should review and evaluate the recent changes made to the CAMHS Duty Team to identify successes and any areas for further improvement by September 2015.
 - 4.1.10 CAMHS Strategy & Partnership Group should ensure the new mental health and wellbeing website meets accessibility standards and incorporates a user feedback mechanism and measurement of the number of "web hits" received.
 - 4.1.11 RDaSH should continue to work in partnership with Rotherham Youth Cabinet on service improvements and are asked to submit a progress report on the changes as a result of this work to the Health Select Commission in September 2015.
 - 4.1.12 RDaSH and RCCG should continue to work together in 2015 on developing a clearer breakdown of costs and on the definitions of treatment to inform future outcome measures.
- 4.2 The response to the Scrutiny review is attached at Appendix 1 and contains an action plan against the key recommendations and progress made as at October 2016.

5. Consultation

5.1 Evidence gathering as part of the Scrutiny review comprised of presentations, round table discussion and written evidence from health partners, RMBC officers, Rotherham Youth Cabinet and desktop research.

6. Timetable and Accountability for Implementing this Decision

6.1 It is anticipated that once the report has been noted and discussed by the Health Select Commission, the recommendations will continue to be taken forward and further progress updates will be made to the Health Select Commission.

6.2 It is recognised that a number of the actions have been significantly delayed and it proposed that the timescales are revised to ensure the outcomes are achieved.

7. Financial and Procurement Implications

7.1 The financial implications of implementing the Scrutiny review recommendations have been met through monies made available by NHS England to implement the CAMHS Transformation Plan and through the re-allocation of existing resources by RDASH as part of their service reconfiguration.

8. Legal Implications

8.1 If the progress against the responses to the Scrutiny review of Child and Adolescent Mental Health Services is not submitted to the Health Select Commission then the CCG would not be meeting some of the local transformation plan requirements.

9. Human Resources Implications

9.1 There are no identified human resource implications.

10. Implications for Children and Young People and Vulnerable Adults

10.1 The Scrutiny review recommendations aim to impact positively on children and young people, through enhancing current mental health service provision.

11 Equalities and Human Rights Implications

11.1 The potential barriers to accessing the service from vulnerable groups is being monitored through the contract review process. The recommendations will bring about a positive contribution to promoting equality through improving access into mental health provision from disadvantaged and vulnerable groups.

12. Implications for Partners and Other Directorates

12.1 The recommendations arising from the Scrutiny Review have implications for RMBC, Rotherham Clinical Commissioning Group and RDASH CAMHS. These responsibilities are outlined within the action plan that is attached at Appendix 1.

13. Risks and Mitigation

13.1 Accessible and high quality mental health care is essential for children and young people in all parts of the borough to achieve improved health outcomes and reduced health inequalities for our community. Higher levels of deprivation in Rotherham mean the prevalence of mental health disorders is estimated to be 14% above the UK average. The Joint Strategic Needs Assessment and local consultation identified high levels of emotional, behavioural and attention deficit disorders at 4-19 years and high levels of depression from 20+.

13.2 It is difficult to maintain an accurate overall picture of children and young people's mental health and the prevalence of mental health conditions across the borough, including comparisons over time. This is due to the complexity of multiple providers, different IT systems, variations in data recording, and young people moving between, or in and out of, services as their level of need changes, or potentially not accessing support.

13.3 Prevalence rates of mental health conditions in the population are estimated on the basis of national studies, taking account of the impact of socio-economic and demographic factors. However the current national prevalence rates were published by the Office of National Statistics in 2004 and are likely to be out of date.

13.4 There has been a whole service reconfiguration of CAMHS, which has resulted in a number of the actions within the response to the scrutiny review being significantly delayed, due to there being changes to pathways, component CAMHS services, such as the CAMHS SPA, and locality working. The whole service reconfiguration is now complete and the actions are being acted upon as outlined in the attached Response Template to the Scrutiny Review. To mitigate these risks, it is proposed that the timescales within the Response template be revisited.

14. Accountable Officer(s)

Linda Harper, Interim Assistant Director of Children and Young People's Services

Approvals Obtained from:-

Strategic Director of Finance and Corporate Services - not applicable

Director of Legal Services - not applicable

Head of Procurement - not applicable